

# Any Given Day

mindful living toward a life transformed

Vol.1



**InSitu Life Works**  
Your greatness lies within you!

[www.InSituLifeWorks.com](http://www.InSituLifeWorks.com)



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## About the Author



Dawn Mathis - Certified Life Coach,  
Consultant & Public Speaker

As a Life Mastery Consultant,  
certified by the Brave Thinking  
Institute, Dawn Mathis helps her  
clients design and manifest a life  
that's in harmony with their Soul's  
purpose.

For over 30 years, Dawn has worked with students, medical patients, real estate clients, senior citizens, and caregivers to help them achieve their goals, accelerate their results, and create richer, more fulfilling lives.

Since the early 1990s, Dawn has studied the principles and teachings of the greatest thinkers and models of success: Andrew Carnegie, Napoleon Hill, Henry David Thoreau, Alan Cohen, James Allen, Ralph Waldo Emerson, Mary Morrissey, and others.

Now, blending her understanding of these success principles with her own life experiences, and super-charged with the proven methods of the Brave Thinking Institute, Dawn is helping clients achieve extraordinary results in accelerated time. As a Life Coach and Professional Speaker, Dawn offers inspiring workshops to audiences around the country, as well as transformational, in-depth coaching programs that help clients achieve new heights of success, fulfillment, and spiritual aliveness.

With a delivery that is witty, passionate, and heart-centered, Dawn inspires those drawn to live into their highest version of themselves - their Soul's Purpose. Her passion and greatest joy is teaching clients to unlock their true power, and live a life they TRULY LOVE!