



Insitu  Life Works

Women's Winter Reflections Retreat

A PERSONAL INVITATION FOR YOU!

Reflect on the challenges and the gifts of 2020-21, and create a hopeful and exciting personal vision for 2022 and beyond.

This exclusive experience is a special gift you will give to yourself, after giving so much of yourself to others - a much-needed time to recharge, reset, and renew!

Join us for a very special 3-Day experience of reflection, renewal, and a spirit of holiday joy.

- 3-nights lodging in a gorgeous historic mountain lodge
- Nourishing, delicious home-cooked meals (breakfast + dinner)
- Full amenities including a professional chair massage, essential oils, hot beverage bar, fireplace, outdoor play, and breathtaking scenery. WiFi available.
- *Strict adherence to all Covid-19 safety recommendations.*

November 11-14, 2021

Allenspark Lodge Bed & Breakfast

(near Estes Park and Rocky Mountain National Park)

Space is limited!

To reserve your spot,
contact Dawn Mathis at (970) 481-5263
or dawn@InSituLifeWorks.com



JOIN US

I'm Dawn Mathis, Life Coach, Consultant, Public Speaker and Owner of InSitu LifeWorks. I want to invite you to an exclusive retreat, "Winter Reflections" - a unique three-day experience of deep renewal, reflection, and empowerment.

Set in a backdrop of mountains and evergreens, yet minutes away from Estes Park, this magical, intimate setting will call you to refresh & play in nature (hike/snowshoe), enjoy local shopping, and reflect on the challenges and gifts of 2020-21.

My dear friends Bill and Juanita will welcome us into their family-owned B&B; a rustic lodge unlike any other. Established in 1933, Allenspark Lodge was hand-hewn from the surrounding forest.

If this experience is something you would love, please join us!

To keep every guest safe during Covid-19, we have rented the entire lodge. Your health is our priority.

"Gift to Yourself", per person:

- Single occupancy: \$1,025
- Double occupancy: \$825
- Triple occupancy \$765



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