

# SIX MONTHS TO A TRANSFORMED LIFE

# Life MASTERY



*How long does it take to change your life? The process begins the moment you join the program! And as you apply each week's lesson, your LifeMastery skills grow. Our six month curriculum is designed to instruct and support you along the way, as you focus on six different areas of Mastery, one each month:*

## *Intention*

Accessing the power of your purpose

## *Health*

Experiencing the highest expression of well being

## *Abundance*

Living from connection with Source

## *Manifestation*

Developing the art of co-creating

## *Love*

Fostering authentic relationships

## *Transformation*

Navigating the terrain of greater possibilities

*With each area, you'll learn the skills and abilities that will give you Mastery of that area in your life. You'll try out new habits of thinking and action, and you'll gain new insights. With practice, you'll find yourself naturally making the changes you need to get the results you want.*

**LifeMastery's unique six-month program provides special tools to help accelerate your progress and enhance your results:**

- Each week's lesson is LIVE, on the phone.
- Interact with your coach and with your fellow students – your opportunity to receive laser coaching on your burning questions.
- A complete manual and workbook for the entire course.
- Audio meditations on CD.
- On-going, personal support for the duration of the program



**See if this program is right for you!  
Email Dawn Mathis today!**

**Invest in YOU!**

To Register Email: [Dawn@InsituLifeWorks.com](mailto:Dawn@InsituLifeWorks.com)  
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